

| Week 1       |  |  |  |  |  |  |
|--------------|--|--|--|--|--|--|
|              |  |  |  |  |  |  |
| Week 2       |  |  |  |  |  |  |
|              |  |  |  |  |  |  |
| Week 3       |  |  |  |  |  |  |
|              |  |  |  |  |  |  |
| Week 4       |  |  |  |  |  |  |
|              |  |  |  |  |  |  |
| <b>Notes</b> |  |  |  |  |  |  |

| Week 1       |  |  |  |  |  |  |
|--------------|--|--|--|--|--|--|
|              |  |  |  |  |  |  |
| Week 2       |  |  |  |  |  |  |
|              |  |  |  |  |  |  |
| Week 3       |  |  |  |  |  |  |
|              |  |  |  |  |  |  |
| Week 4       |  |  |  |  |  |  |
|              |  |  |  |  |  |  |
| <b>Notes</b> |  |  |  |  |  |  |

| Hot Spots<br>Life, Work,<br>Personal | Monday Vision<br><i>3 for the Week</i> | Daily Outcomes |          |          |          |          | Friday Reflection |                |
|--------------------------------------|--|----------------|----------|----------|----------|----------|-------------------|----------------|
|                                      |  | <i>M</i>       | <i>T</i> | <i>W</i> | <i>T</i> | <i>F</i> | <i>Going Well</i> | <i>Improve</i> |
| <b>Plan</b>                          |  | <b>Do</b>      |          |          |          |          | <b>Review</b>     |                |
|                                      |  |                |          |          |          |          |                   |                |
| <b>Comments</b>                      |  |                |          |          |          |          |                   |                |
|                                      |  |                |          |          |          |          |                   |                |

Quarter 1 (Jan-Mar)

Quarter 2 (Apr-Jun)

Quarter 3 (Jul-Sep)

Quarter 4 (Oct-Dec)





